

# Bear Grylls Survival Academy

Wild Camp Survival Course

SOUTH DOWNS



WILD CAMP



WILD CAMP SURVIVAL COURSE



## THE EXPERIENCE

The BGS "Wild Camp" Survival Course is a great introduction to learn wilderness survival skills and has been designed to whet your appetite for our 24Hr courses in the [Brecon Beacons](#) and [South Downs](#) or one of our extreme courses in either [Dartmoor](#) or [Scotland](#). This overnight course teaches Bear's tried and tested survival techniques and is led by his expert, knowledgeable and experienced instructors. Learn how to effectively use and sharpen a survival knife, build an emergency survival shelter, filter and purify water and how to create a fire that will keep you alive. Although only an overnight course, it's fast and dynamic. You will move through the terrain fast and efficiently, learn how to navigate without a compass and how to throw and sharpen hunting axes.

For your evening meal you'll prepare wild game such as fish, rabbit and pheasant, cook over an open fire and forage for wild edible food. By night you will learn more skills with astro navigation techniques and employing night vision goggles on a stalking exercise. Day two will rise early with some situational awareness training and self defence followed by a casualty evacuation exercise. Put all your new found skills to practice to get your fellow survivalists safely back to civilisation.



WILD CAMP SURVIVAL COURSE



## WILD CAMP

### KIT LIST

Provided for you:

The following kit will be issued to participants by the Academy, to use for the duration of the course (and therefore you do not need to bring)

- Sleeping bag and liner
- Head torch
- Ruck sack and waterproof liner
- Metal mug & spoon
- Water bottle
- Bear Grylls Survival Knife

These items will all help you to survive! Please note, all of the clothing and equipment that you bring must be appropriate to the environment and the time of year. This is just a guide and you may not require all the kit. Your instructors will let you know what to take out into the wilderness on arrival- any extra kit can be secured at base camp.

- 1 pair of robust walking boots/shoes or similar, preferably with ankle support
  - Trousers - outdoor/active (lightweight)
  - Base layer, mid layer and outer (light weight)
  - Thick fleece or duvet jacket
  - Hat (Woolly)
  - Gloves - 1 x thin (active)
  - Waterproof trousers and jacket
  - Sunglasses (weather dependent)
  - Casual clothes (spares, including footwear for once the course has ended)
  - Wash bag & towel (to freshen up after the course ends)
  - Personal medication
  - Camera/phone (in a waterproof bag)
- ...and a bag full of positive attitude!

Please note - all activities are weather dependent and may be affected by other factors beyond our control. The course schedule and content may be rearranged or amended at short notice and cannot be guaranteed.



WHAT SHALL I PACK?

# SAT NAV USERS

Please use postcode **GU29 0AJ**

## BY AIR

The nearest airports to Cowdray Estate are either London Gatwick or London Heathrow both are approximately 1 hour's drive.

## BY TRAIN

The nearest station is Liphook Station {LIP} or Haslemere Station (HSL). (15 mins drive) Both stations are approximately a 1 hour journey from London Waterloo. Please visit National Rail [www.nationalrail.co.uk](http://www.nationalrail.co.uk) for updated travel information.

## TAXI SERVICES

C&C Midhurst Taxis - Barry  
Tel: 07930 370 222

# HOW TO FIND US....



**START TIME:** Arrive at the Cowdray Estate at **14:30PM** for a prompt 15:00PM start.

**WHERE:** If you make your way to the Café & Farm Shop entrance, off the main road, the car park is located on your left. The exact meeting point is located behind the car park across the track opposite to the Café (there is a track with a gate, BGSA clients can park here) - why not enjoy a refreshment at the Café before your course starts.

**LOCATION:** Cowdray Estate, Cowdray Park, Midhurst, West Sussex, GU29 0AJ

**FINISH TIME:** 10:00AM The following day

(Map not to scale)



Survival Academy



Bear Grylls

CONTACTS, MAP & GETTING HERE



WILD CAMP

## ABOUT BEAR GRYLLS

Bear Grylls has become known worldwide as one of the most-recognized faces of survival and outdoor adventure. His journey to this acclaim started on a small island off the UK coast, where his late father taught him to climb and sail. Trained from a young age in martial arts, Grylls went on to spend three years as a soldier in the British Special Forces, as part of 21 SAS Regiment. It was here that he perfected many of the survival skills that his fans all over the world enjoy, as he pits himself against the worst of Mother Nature. Despite a free-fall parachuting accident in Africa, where he broke his back in three places and endured many months in military rehabilitation, Grylls went on to become one of the youngest climbers ever to reach the summit of Mount Everest.

He then went on to star in seven seasons of the Discovery Channel's Emmy Award-nominated "Man vs. Wild" TV series, which became one of the most-watched shows on the planet, reaching an estimated 1.2 billion viewers. Since then he has gone on to host more extreme adventure TV shows across more global networks than anyone else in the world, including the BAFTA award-winning *The Island with Bear Grylls* and BAFTA award-winning *Bear Grylls Survival School*. In addition Bear produces and hosts 'Bear's Mission with...' for ITV, NBC's 'Running Wild', 'Absolute Wild' for Dragon TV in China and 'Face the Wild' for Facebook Watch. He is a number 1 bestselling Author, an Honorary Colonel to the Royal Marine Commandos and the youngest-ever Chief Scout, and inspiration to fifty million Scouts worldwide.



BEAR GRYLLS



WILD CAMP

## BOOKINGS & ENQUIRIES

Email: [enquiries@beargryllssurvivalacademy.com](mailto:enquiries@beargryllssurvivalacademy.com)

Phone: +44 (0) 1483 424438

Phone: +1-877-742-2925

Fax: +44 (0) 1483 860391

Website: [www.beargryllssurvivalacademy.com](http://www.beargryllssurvivalacademy.com)

## INCLUSIONS

- Various kit (see kit list)
- All fieldwork & lectures

## EXCLUDES

- Flights and any other means of transportation not mentioned
- Transfers
- Travel/personal Insurance

## BONDING

Bear Grylls Survival Academy is a fully bonded tour operator and all participants booked to travel with us have protection by bonding, as required by ABTA and ATOL (through the civil aviation authority). We are also a fully licensed IATA agent.

- Full payment is required to confirm your booking
- Your placement will then be confirmed to you in writing by the Bear Grylls Survival Academy

**Please Note:** Bear Grylls Survival Academy reserves the right to amend dates of courses or cancel courses if our minimum attendance numbers are not met. Participants should check that adequate travel insurance covers them for cancellation of any flights that may have been booked. It is the client's responsibility to provide accurate and true information to the company. Proof of identity and age will be required, before the client may join the course.

In the event of any of the information supplied by the client proving to be incorrect or untrue and preventing the client joining the course, the full amount paid by the client will be retained to cover administration costs and there will be no refund due to the client.



Tel: UK: +44 (0) 1483 424438 | US: +1-877-742  
[enquiries@beargryllssurvivalacademy.com](mailto:enquiries@beargryllssurvivalacademy.com)

BOOKING INFORMATION